

Instructions for using facemasks

1. Clean your hands with soap and water or hand sanitizer before touching the mask.
2. Remove a mask from the box and make sure there are no rips or holes on the inside or outside of the mask.
3. Determine which way around you should wear the mask. The outside has a stiff bendable edge at the top. This bendable edge is designed to be bent over the bridge of the nose.
4. Bring the top of the mask to your nose level and place the top ties over the crown of your head and secure with a bow.
5. Mould or pinch the stiff edge at the top of the mask to the shape of the bridge of your nose.
6. Pull the bottom of the mask over your mouth and chin.
7. Then take the bottom ties, one in each hand, and secure with a bow at the back of your neck.

Rules for wearing masks

- Try to avoid touching the front of the mask.
- Change your mask if it is damp, wet or dirty.
- Always clean your hands before and after changing the masks.
- Put used masks in a plastic bag and throw it into a rubbish bin. You will find bins somewhere close to your tent in Mina.